Information and Assistance

Senior Solutions Help Line: (800) 642-5119 (formerly Council on Aging). Springfield, Vermont

Refers seniors to a wide variety of services, provides case managers who can guide elders through Federal and State programs including Medicare, Medicaid and Social Security and help apply for food, benefits, long term care, rides, and other services. Under the Senior Companion Program, anybody 60 and over may be eligible for friendly visits of a few hours.

Three Squares: (800) 642-5119

A Vermont State program for those aged 60 or older which replaces Food Stamps with monthly cash deposits to your bank account or debit card. Eligibility is tied to your income level.

Meals on Wheels: (802) 885-5879 Springfield, Vermont

Meals are delivered five days a week throughout the area. Suggested voluntary donation of \$3.00 per meal.

<u>Green Mountain RSVP</u> (Retired Senior Volunteer Program): (802) 885-2083 Springfield, Vermont This non-profit organization matches volunteers, age 55 and over, with meaningful work.

Neighborhood Connections: (802) 824-4343 Londonderry, Vermont

Social workers assist with applying for food, fuel, nursing and medical care programs.

SEVCA: (Southeastern Vermont Community Action) (800) 464-9951 Westminster, Vermont

Offers a broad range of goods and services for Vermonters of all ages.

Just Neighbors: (802) 787-1225 Weston, Vermont

Has an emergency fund for heating fuel, delivers firewood for wood-burning stoves, and offers transportation.

Community Cares: (802) 875-6341 Chester, Vermont

For elders in both Chester and Andover. Friendly visits and phone calls are offered plus local shopping, rides to appointments and other destinations.

Chester - Andover Family Center: (802) 875-3236 908 Vermont Rte 103 South, Chester, Vermont

The center maintains a well-stocked "store" with good, clean used clothing of all types and sizes in return for a donation according to your means. Also available: bedding & other household items, family food packages, gas cards and small cash grants

Area Churches:

Andover Community Church	875-3982	St. Luke's Episcopal Church	875-6000
First Universalist Parish	875-3257	Weston Priory	824-5409
First Baptist Church of Chester	875-2638	St. Joseph's Church	875-2610

Andover Word: info@andover250.com serves as a community bulletin board. Send an email to this address if you would like to be added.

Through contributions, Andover has a great collection of second-hand hospital beds, walkers, canes, wheelchairs, shower chairs, handheld reacher/grabbers, crutches, commodes & a motorized scooter which you may borrow. Call the Town Office 875-2765.

<u>Vermont 211:</u> A toll-free number offered by The United Way connects callers of all ages with needed services of all kinds.